

80 Skills to Help Ease Transition into Kindergarten

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READING READINESS	LISTENING & SEQUENCING	Hop	Identifies other children by name
Remembers pictures from a printed page	Follows simple directions	Alternate feet walking down stairs	Can take care of toilet needs immediately
Repeats a 6 to 8 word sentence	Pays attention	March	Cares for own belongings
Pretends to read (has been read to often)	Recognizes common sounds	Stand on one foot 10 seconds	Dresses self
Identifies own first name in writing	Retells a simple story in a sequence	Walk backwards for 5 feet	Brushes teeth
Attempts to write own first name	Repeats a sequence of sounds	Throw a ball	Can be away from parents for 2 to 3 hours
Answers questions about a short story	Repeats a sequence of numbers heard	Paste pictures on paper	Joins a family conversation
Looks at pictures and tells a story	SIZE, POSITION, & DIRECTION	Clap hands	Carries a plate of food
Understands words are read left to right	Big and little	Button clothes	Maintains self-control
Familiar with the letters of the alphabet	Long and short	Build with blocks	Gets along well with others
Knows some nursery rhymes	Up and Down	Complete simple 5 piece puzzle or less	Talks easily
Knows the meaning of simple words	In and out	Draw or color beyond simple scribble	Meets visitors without shyness
TIME	Front and back	Zip clothes	Puts away toys
Understands day and night	Over and under	Control pencil and crayon well	MY CHILD KNOWS...
Knows age and birthday	Hot and cold	Handle scissors	Body parts
RECOGNIZES COLORS & SHAPES	Empty and full	Cut and draw simple shapes	Own first name
Recognizes primary colors	More and less	SOCIAL-EMOTIONAL	Own last name
Recognizes triangles, circles, squares, and rectangle	Fast and slow	Expresses self verbally	Parents' names
NUMBERS	Top and bottom	Looks forward to going to school	Home address
Counts to 10	MOTOR SKILLS	Recognizes authority	home phone number
Can count objects	Run	Shares with others	When to use a tissue
	Walk a straight line	Helps with family chores	Own gender
	Jump	Works independently	

This list, which was compiled by researchers for World Book, Inc., on the basis of a survey of 4,500 kindergarten teachers, represents the ideal—something parents can aim for.

This is an adaptation of a publication of the Florida Center for Parent Involvement (FCPI) which was funded by the U.S. Department of Education. The opinions contained in this publication are those of the grantee and do not necessarily reflect those of the U.S. Department of Education. All or portions of this work may be reproduced providing the Florida Center for Parent Involvement, Louis de la Parte Florida Mental Health Institute, University of South Florida is properly credited on all reproductions. This document was reprinted and distributed by the Parent Information Network, Arizona Department of Education Exceptional Student Services as it appeared on the FCPI website at www.fmhi.usf.edu/institute/pubs/pdf/cfs/fcpi/transition.htm.